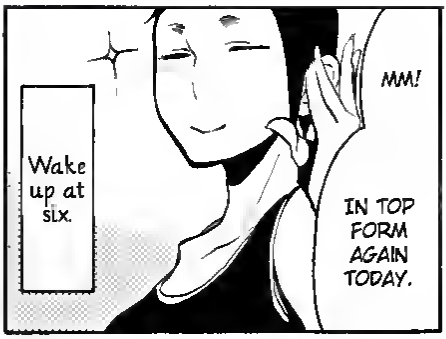
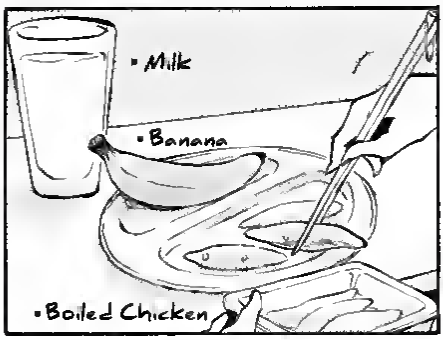
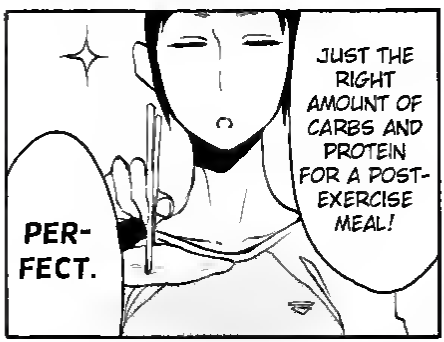
GET UP
...
tweet
chirp
tweet
tweet
CLICK
OPEN
Sono's morning begins before her alarm goes off.
SLAM
BEEP
BEEP BEEP BEE-
17th Glass
Sono Enjoys a Day Off

Then shower and breakfast.

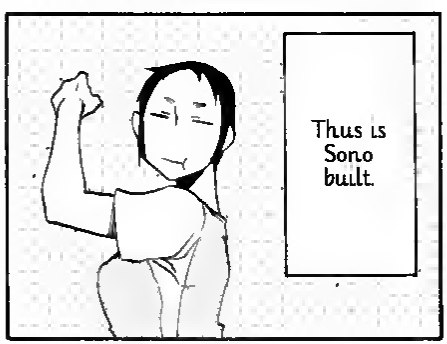

Wake up at six.
MM!
IN TOP FORM AGAIN TODAY.

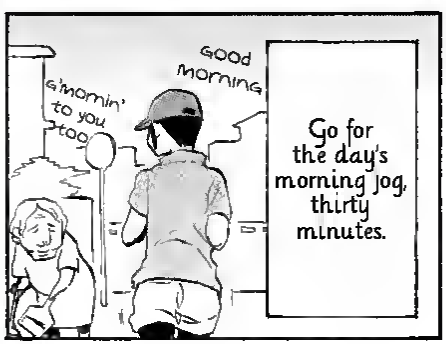

▪ Milk
▪ Banana
▪ Boiled Chicken

LOOKS LIKE IT'LL GET HOT LATER...

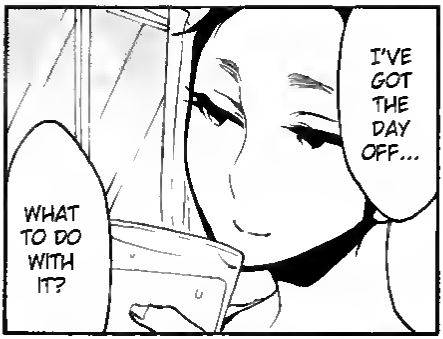

PER-FECT.
JUST THE RIGHT AMOUNT OF CARBS AND PROTEIN FOR A POST-EXERCISE MEAL!

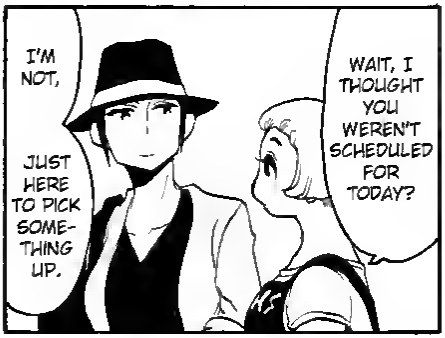
OKAY...
BEEP
B-BEEP

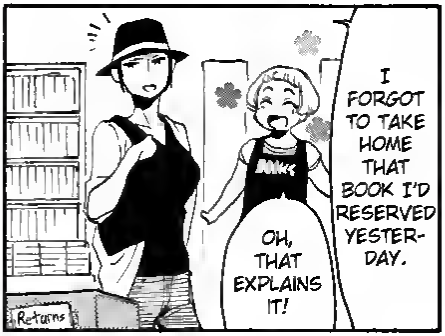

Thus is Sono built.

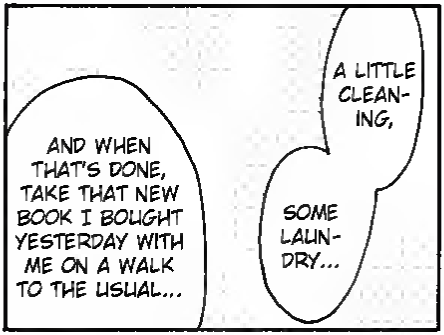

GOOD MORNING
G'MORNIN' TO YOU TOO
Go for the day's morning jog, thirty minutes.

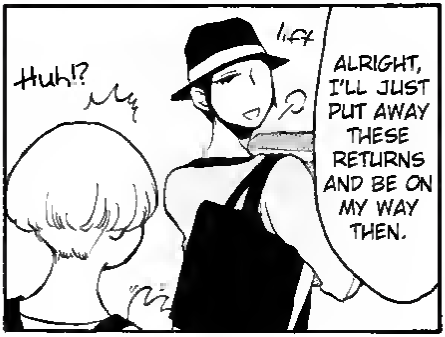
OH, MIYA-UCHI!
WEL-COM-...
BOOKS


I'VE GOT THE DAY OFF...
WHAT TO DO WITH IT?

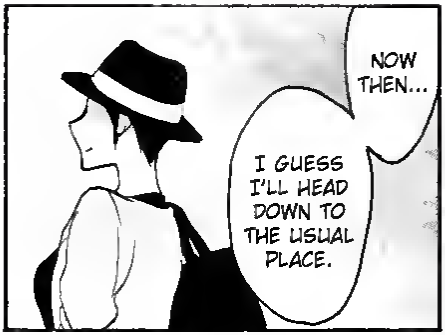

I'M NOT,
JUST HERE TO PICK SOME-THING UP.
WAIT, I THOUGHT YOU WEREN'T SCHEDULED FOR TODAY?

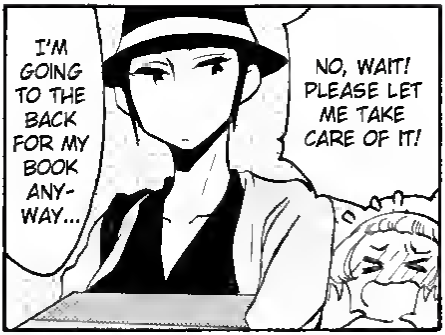

OH, THAT EXPLAINS IT!
I FORGOT TO TAKE HOME THAT BOOK I'D RESERVED YESTER-DAY.
Returns

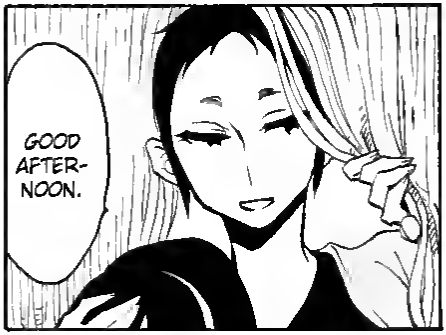

A LITTLE CLEAN-ING,
SOME LAUN-DRY...
AND WHEN THAT'S DONE, TAKE THAT NEW BOOK I BOUGHT YESTERDAY WITH ME ON A WALK TO THE USUAL...

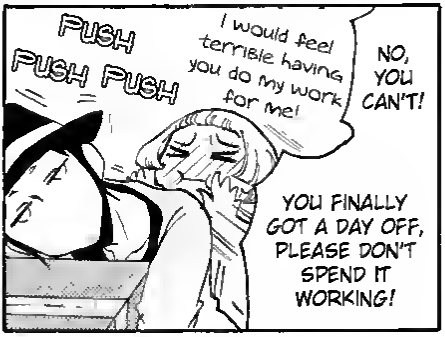

Huh!?
ALRIGHT, I'LL JUST PUT AWAY THESE RETURNS AND BE ON MY WAY THEN.

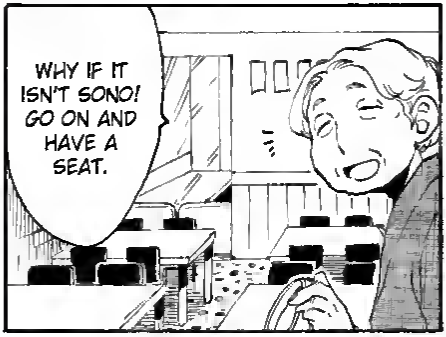
...STORE.
UH-OH.


NOW THEN...
I GUESS I'LL HEAD DOWN TO THE USUAL PLACE.

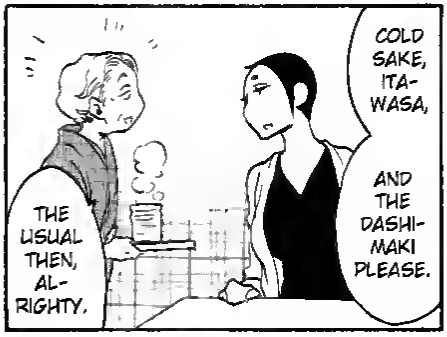

I'M GOING TO THE BACK FOR MY BOOK ANY-WAY...
NO, WAIT! PLEASE LET ME TAKE CARE OF IT!

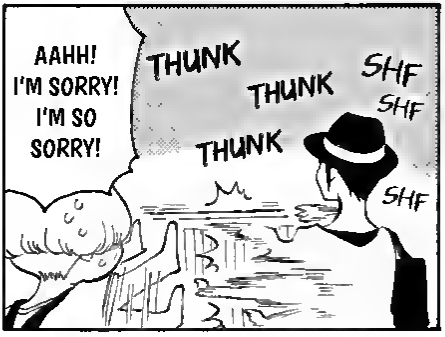

GOOD AFTER-NOON.

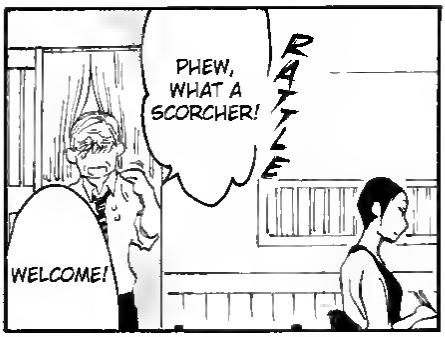

PUSH
PUSH PUSH
I would feel terrible having you do my work for me!
NO, YOU CAN'T!
YOU FINALLY GOT A DAY OFF, PLEASE DON'T SPEND IT WORKING!

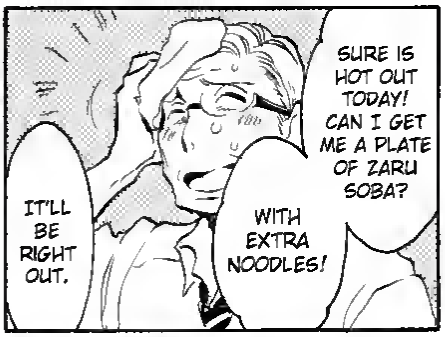

WHY IF IT ISN'T SONO! GO ON AND HAVE A SEAT.

MESS
OKAY, I GOT IT.
I'LL LEAVE THAT TO YOU THEN.

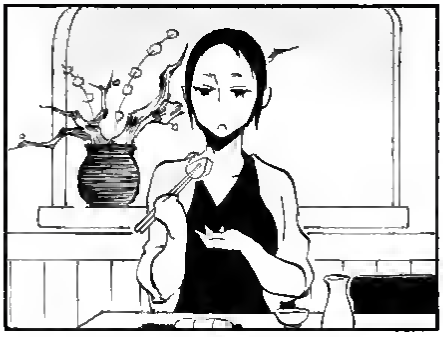

COLD SAKE, ITA-WASA,
AND THE DASHI-MAKI PLEASE.
THE USUAL THEN, AL-RIGHTY.

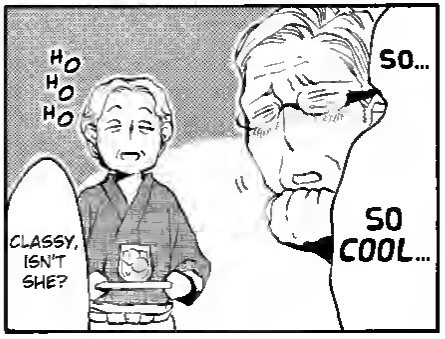

AAHH! I'M SORRY! I'M SO SORRY!
THUNK
THUNK
THUNK
SHF
SHF
SHF

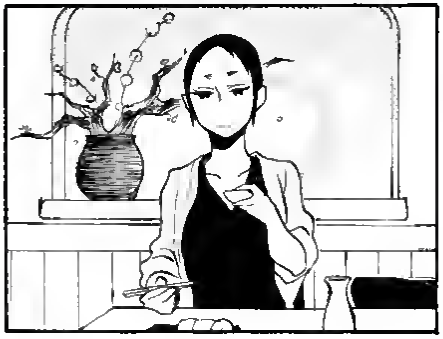

PHEW, WHAT A SCORCHER!
RATTLE
WELCOME!

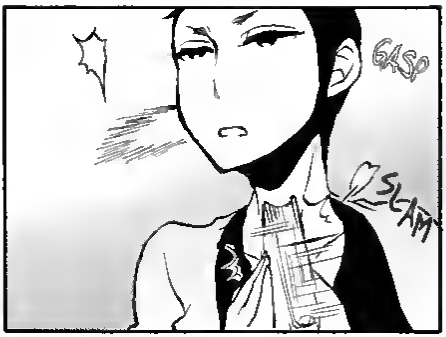

SURE IS HOT OUT TODAY! CAN I GET ME A PLATE OF ZARU SOBA?
IT'LL BE RIGHT OUT.
WITH EXTRA NOODLES!

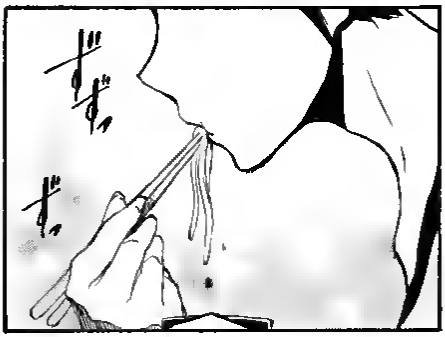
flip

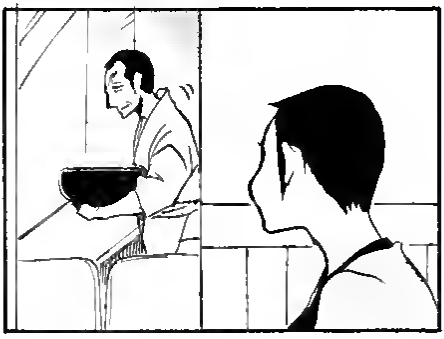


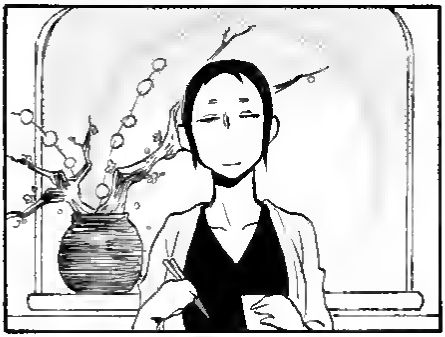

HO HO HO
SO...
SO COOL...
CLASSY, ISN'T SHE?

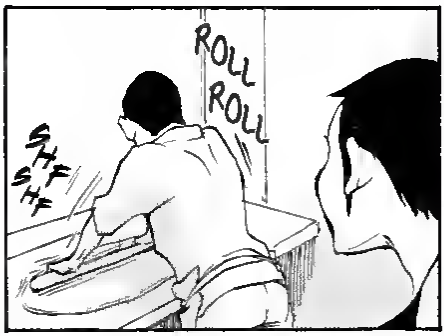


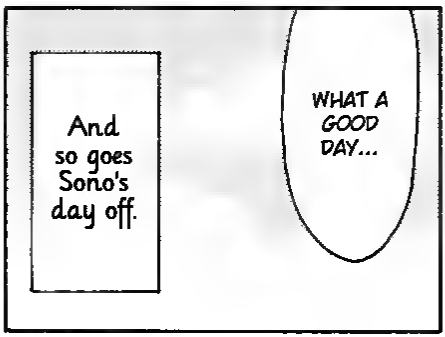

GASP
SLAM

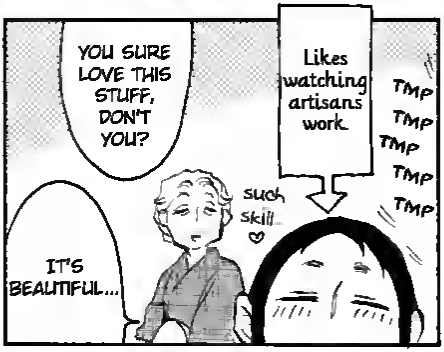







ROLL
ROLL
SHF
SHF


And so goes Sono's day off.
WHAT A GOOD DAY...


YOU SURE LOVE THIS STUFF, DON'T YOU?
Likes watching artisans' work.
TMP
TMP
TMP
TMP
TMP
such skill...
IT'S BEAUTIFUL...

Sono's home cooking is the type that relies a little too heavily on the taste of the ingredients
▪ Boiled Chicken
▪ Boiled Beef
▪ Boiled Eggs
▪ Tofu
▪ Protein
▪ Apple
▪ Banana
Zero to two steps before eating.
○ Cut it
○ Boil it
○ Nothing

Credits

Author + Artist: Ukatsu

Notes:

Boiled chicken!

Itawasa is sliced kamaboko, a log of fish paste
It's better than it sounds.
Generally served with wasabi and soy sauce

Dashimaki is a type of omelette made in a special square pan using dashi
(a Japanese soup stock), eggs, and usually some sugar/salt/soy sauce
It's distinctive for it's rolled, semi-cylindrical shape and is typically served sliced.
You've almost certainly see it before if you read manga/watch anime,
as it's near ubiquitous

Soba is a type of Japanese noodle, one of what I would call the "big three,"
ramen, soba, and udon. Soba noodles are made of buckwheat and are quite thin,
like spaghetti. They make for a fairly light meal by themselves, especially
compared to an oily bowl of ramen, and go well with tempura.

Zaru soba is soba served on a wooden plate (zaru/saru means "plate") instead of
with broth in a bowl. This is a common way to eat cold soba noodles,
a popular dish in the summertime, and usually "zaru soba" means it'll be cold.
I found this out the hard way, accidentally ordering cold noodles when it was
literally snowing on me.

Here is a series of short videos showing somebody make soba noodles,
if you were curious to see what Sono was so engrossed in

https://www.youtube.com/watch?v=9wxujsmsllU
https://www.youtube.com/watch?v=hAu2AhOLhcY
https://www.youtube.com/watch?v=TldD6ZakTBc
https://www.youtube.com/watch?v=Epsy33qEXOw
https://www.youtube.com/watch?v=f3ZKr85n8yk

And dashimaki too, for good measure

https://www.youtube.com/watch?v=PmFKq3T-RfU

Some examples
of itawasa

woah fancy
even the wasabi

The boiled chicken Sono makes is (almost?)
exclusively this kind, the low-fat, boneless
"inner fillet" (one of two parts of the chicken breast).
Also called chicken tenders

Wow so appetizing when boiled

Dashimaki. Note the spiral in the center

This is the pan used to make dashimaki

Zaru soba
The green stuff on top is nori, pressed and dried seaweed
It's a very common thing to garnish zaru soba with.

Some tempura soba.

Ramen, which also has thin noodles but is usually pretty oily and makes you feel like you just ate a car.

Yeah those are slices of butter
this ain't your 25 cent instant ramen

Udon, which has thick noodles.